

Southern Utah Women's Health Center, P.C.

We welcome you as a patient...

We appreciate the opportunity to provide you with medical services. The information that follows is designed to answer the questions of most patients. We want you to know about our policies and methods of practice. The more you understand about our office, the more effective our service can be. If there are any questions, please ask. We are more than happy to help and assist you.

Minimally Invasive Surgery Options:

As medical technology has advanced, the ability to do surgery through small incisions has improved. Surgery that uses small, less painful incisions with less risk of complications has been termed "minimally invasive" surgery.

Our physicians have the ability to perform gynecological procedures such as hysterectomy, urinary incontinence correction and vaginal reconstruction in ways that can be minimally invasive. Until recently, many women required large abdominal incisions when having a hysterectomy or urinary incontinence correction surgery. This required the patient to expect up to six weeks of recovery time. Now, if the patient meets criteria, she can opt for laparoscopic surgery and decrease the recovery time to two weeks or less.

New techniques can make these procedures an outpatient procedure (you go home the same day). Most women can return to their normal schedule quickly and with minimal discomfort. With new techniques, a hysterectomy may not be needed at all. For a woman who has very heavy menstrual periods, a simple outpatient or office procedure, called endometrial ablation, may be all that is needed to correct her problem.

Our surgeons at Southern Utah Women's Health Center, P.C. have years of experience performing laparoscopic surgery. By performing laparoscopic assisted vaginal hysterectomies, the physicians at Southern Utah Women's Health Center, P.C. have greatly reduced the number of abdominal hysterectomies. As newer techniques and equipment have become available, we now are able to offer total laparoscopic hysterectomies as well as laparoscopic supracervical hysterectomies.

If you have questions about the treatment options available for minimally invasive surgery, please ask one of our physicians. The physicians at Southern Utah Women's Health Center, P.C. are committed to continually evaluating new technology with the goal of improving surgical outcomes and adopting new techniques that have proven to be safe and effective.

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